



**School Sports Programme**  
**Joint Schools Rugby Training Programme**  
**(Phase 1 for the School Year 2023/24)**  
**(September 2023 to January 2024 )**  
**Prospectus**

**Objective:** The Programme aims to provide sustained and systematic training for those with potential and aspiring to become rugby players in contact rugby through practices on turf pitches under guidance from experienced coaches arranged by the Hong Kong China Rugby (HKCR), with a view to enhancing the rugby standard among Hong Kong students.

**Eligibility for Application:** Participants must be secondary school students who are members of their school's rugby team and have basic rugby skills. Male and female participants must join the Programme in separate teams.

**Quota:** A total of 8 teams, each with a maximum of 25 players.

**Course Arrangement:** A total of 15 sessions of 1.5 hours each throughout the phase, totaling 22.5 hours.

**Course Content:**

1. The Programme will mainly teach **7-a-side contact rugby**.
2. The training thereof will cover, inter alia, the basic rugby techniques, skills for specialised positions, team tactics, scrum, attacking and defensive formations for the lineout, as well as correct tackling postures.
3. The Programme will focus on the dual goals of enhancing an individual's skill level and strengthening a team's ability to apply game tactics.

**Venue, Date and Time:**

Venue		Happy Valley Recreation Ground (Artificial Turf Pitch No.6)	Kwong Fuk Park Football Pitch (Artificial Turf Pitch)	Kowloon Bay Park Football Pitch (Artificial Turf Pitch)
Course Code		HVRG/24/71	KFP/24/72	KBP/24/73
Date	Sep 2023	22		
	Oct 2023	6,13,20,27		
	Nov 2023	3,10,17,24		
	Dec 2023	1,8,15		
	Jan 2024	5,12,19		
Time		Friday (4:30 p.m. to 6:00 p.m.)		

**Application Period:** From now to 8 September 2023. (with the date of postmark being taken as the date of application by mail)

**Fee:** Applications should be submitted in the name of school teams. The fee for the entire course is \$3,250.

**Coach:** Each team will be assigned an experienced coach from the HKCR.

**Reward:** Schools may apply for certificates of attendance for students with attendance of no less than 80%.

**Equipment:** Basic equipment for the course will be provided by the Leisure and Cultural Services Department (LCSD) and the HKCR. Schools may also provide practice equipment for students at their own arrangement.

**Notes on Application:**

1. All schools participating in the Programme must apply in the name of school teams. The completed application form together with a cheque for the activity fee, in the amount of \$3,250 made payable to “Hong Kong China Rugby” with the school name written on the back, should be returned to us at: School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin. Please mark on the envelope “Joint Schools Rugby Training Programme”. Late applications will not be processed.

2. Each of the training venues can accommodate no more than four teams. If less than two teams have applied for a training venue, the LCSD reserves the right to cancel the course at the training venue.

3. If the number of teams enrolled exceeds the above quota of four, the LCSD will determine by ballot which of the teams be allowed to participate and arrange training venues according to the preferences indicated by schools. Unselected schools will be placed on the waiting list in the order of the ballot. The cheque will be returned to the teacher-in-charge of a school in case of unsuccessful application.

4. If the number of teams enrolled exceeds the quota, a ballot exercise will be held at 11:00 a.m. on 14 September 2023 at the Office of School Sports Programme Unit on 1/F of the Leisure and Cultural Services Headquarters.

5. In case of withdrawal from the course before commencement by a school after a coach has been assigned by the HKCR as per the school’s application, the HKCR will charge an administrative fee of \$380 for the course arrangement and refund the remaining balance direct to the school. No refund for the fee will be made once the course commences.

6. The information provided by the applicant will only be used by the Organiser and the Leisure and Cultural Services Department (LCSD) for the purposes of enrolment in recreation and sports programmes, future contact, compilation of statistics and opinion survey. Only those authorised by the Organiser and the LCSD can have access to such personal data. For correction of or enquiries about the personal data you have submitted in application forms, please contact the staff of the LCSD on 2601 7602.

7. In case of any inadequacy in this Prospectus, the HKCR reserves the right to amend it as appropriate at any time.

**Notes to Applicants:**

1. Schools are recommended to appoint a teacher or a person aged 18 or above as the person-in-charge to assist in the activity.

2. Successful applicants are advised to commit themselves to attend the Programme punctually for optimal use of resources.

3. Participants must wear suitable sportswear, and are advised to bring extra

clothing for change.

4. Participants should bring enough drinking water and sunscreen products for outdoor training.
5. In the event that the Observatory issues the Tropical Cyclone Warning Signal No. 3 or above, or Amber/Red/Black Rainstorm Signal two hours before the activity; or the Education Bureau announces class suspension; or the Environmental Protection Department announces that the Air Quality Health Index recorded by general air quality monitoring stations has reached the “Serious Level” (i.e. 10+) in the area concerned, all activities on the day will be cancelled. There will be no refund for any cancelled classes. Subject to the availability of venues, the Organiser will arrange, if possible, make-up classes. In case of inclement weather, please contact the coach-in-charge for enquiries about training arrangements. Details on such make-up classes will be notified separately, and the venues concerned will be determined based on their hiring arrangements.

**Enquiry No.:**

2601 7607

**Organised by the Hong Kong China Rugby**  
**Subvented by the Leisure and Cultural Services Department**  
**Co-organised by the Education Bureau**

**School Sports Programme - Joint Schools Sports Training Programme**  
**Joint Schools Rugby Training Programme**

**(Phase 1 for the School Year 2023/24)**

**(September 2023 to January 2024)**

**Application Form**

**School Information**

School Name: \_\_\_\_\_

School Address: \_\_\_\_\_

School Contact No.: \_\_\_\_\_

Fax No.: \_\_\_\_\_

Name of  
Teacher-in-charge: \_\_\_\_\_

Email of  
Teacher-in-charge: \_\_\_\_\_

Contact/Mobile No.: \_\_\_\_\_

No. of  
Participants: \_\_\_\_\_

**Division** (Please write "1", "2" or "3" in the boxes below to indicate order of preference)

Venue	Course Code	Boys' Division	Girls' Division
Happy Valley Recreation Ground Pitch No. 6 (Artificial Turf Pitch)	HVRG/24/71		
Kwong Fuk Park Football Pitch (Artificial Turf Pitch)	KFP/24/72		
Kowloon Bay Park Football Pitch (Artificial Turf Pitch)	KBP/24/73		

**Experience of Playing Rugby**

(1) Has your school ever participated in inter-school competitions?

No    Yes   If yes, division entered:  Division A    Division B    Division C

(2) Please list other training/competition experiences and past awards received (if applicable):

Date (Year and Month)

Name of  
Competition/Training  
Course

Award/Remarks

1.		
2.		
3.		

**Declaration**

I hereby declare that all the information given above is true and correct. All participants have already obtained the consent of their parent/guardian or the person authorized by their parent / guardian to participate in the above activity, and that the participants are not suffering from any illness that renders them unfit for the activity.

Signature of Principal : \_\_\_\_\_

Name of Principal : \_\_\_\_\_

Date : \_\_\_\_\_ School Chop : \_\_\_\_\_

**Note:**

The information provided by the applicant will only be used by the Organiser and the Leisure and Cultural Services Department (LCSD) for the purposes of enrolment in recreation and sports programmes, future contact, compilation of statistics and opinion survey. Only those authorised by the Organiser and the LCSD can have access to such personal data. For correction of or enquiries about the personal data you have submitted in application forms, please contact the staff of the LCSD on 2601 7602.

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**Acknowledgement Receipt (For Official Use only)**

We hereby acknowledge receipt of your application form. Your application is now being processed.

(Department Chop)

School Sports Programme Unit,  
Leisure and Cultural Services Department