

Organised by the Hong Kong Tennis Association
Subvented by the Leisure and Cultural Services Department
Co-organised by the Education Bureau
School Sports Programme – Badges Award Scheme
〈 Tennis 〉

Purpose: To provide testing standards and awards for trainees participating in tennis training, and to encourage them to improve and upgrade their skills continuously.

Type of Badges: 1. Three levels of awards, namely Bronze, Silver and Gold
2. Content of Assessment

Level of Award	Assessment Items
Bronze	Forehand and backhand volley, volley at the net, serving
Silver	Forehand and backhand volley, deep shot, volley at the net, serving
Gold	Forehand and backhand volley, deep shot, volley at the net, serving

3. Rating Standard

Trainees must pass the tests of all items in accordance with the skill requirements of the relevant levels to obtain the relevant badges.

Award/ Participation Method: All trainees participating in the tennis training courses of the Outreach Coaching Programme under the School Sports Programme will be assessed by coaches based on the content of the respective tests before the end of the courses. Trainees who meet the standards will be awarded a certificate by the Leisure and Cultural Services Department (LCSD) free-of-charge.

Collection of Badges and Certificates: After completion of the assessment, the coaches will submit trainees' results to the LCSD for verification of information, upon which the LCSD will mail the certificates of the badges to the schools for distribution to qualified trainees by teachers.

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Enquiries (2) The Hong Kong Tennis Association
Address: Room 1021, Sports House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong
Telephone No.: 2504 8266 **Fax:** 2894 8704
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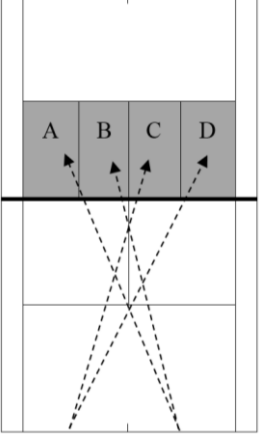
Remark: The Badges Award Scheme for Tennis is co-ordinated and developed by the Hong Kong Tennis Association.

School Sports Programme – Badges Award Scheme

Standards and Assessment for Badges in Tennis

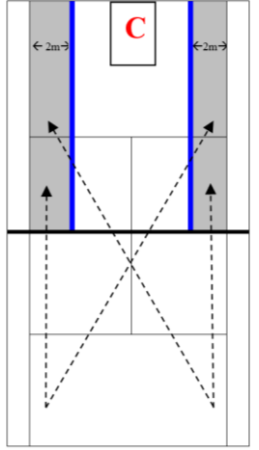
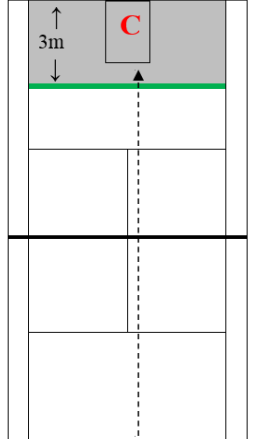
1. Content of Gold Badge Examination

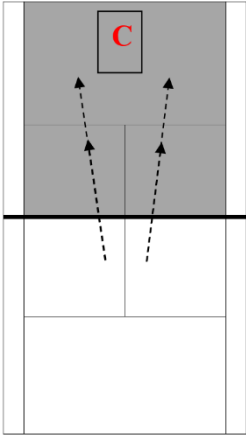
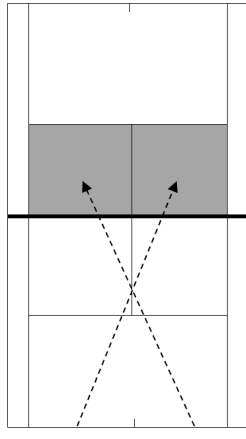
Skill	Content	Assessment items	Standard	Notes and illustrations
Forehand and backhand volley	The trainee will stand at the backcourt and the coach will toss a ball to a suitable hit area. The trainee has to hit the ball to the designated court with forehand and backhand.	<ol style="list-style-type: none"> 1) 6 down the line forehand shots 2) 6 crosscourt forehand shots 3) 6 down the line backhand shots 4) 6 crosscourt backhand shots <p>6 shots for each of the 4 items, totalling 24 shots.</p>	At least 3 shots of each item must reach the designated court.	
Deep shot	The trainee will stand at the baseline and the coach will toss a ball to a suitable hit area. The trainee has to hit the ball to the designated court with forehand and backhand.	<ol style="list-style-type: none"> 1) 6 forehand shots 2) 6 backhand shots <p>6 shots for each of the 2 items, totalling 12 shots.</p>	At least 3 shots of each item must reach the designated court.	
Volley at the net	The trainee will stand in front of the net and the coach will toss a ball to a suitable hit area. The trainee has to volley without the ball hitting the ground and hit it back to the singles court with forehand or backhand.	<ol style="list-style-type: none"> 1) 6 forehand shots 2) 6 backhand shots <p>6 shots for each of the 2 items, totalling 12 shots.</p>	At least 3 shots of each item must be returned to the singles court.	

<p>Serving</p>	<p>The trainee will stand at or beyond the baseline to serve diagonally to the left and right to the designated service courts with the upper hand.</p>	<p>1) 6 shots to Area A 2) 6 shots to Area B 3) 6 shots to Area C 4) 6 shots to Area D</p> <p>6 shots for each of the 4 items, totalling 24 shots.</p>	<p>At least 3 shots of each item must reach the designated court.</p>	
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*To obtain the Gold Badge, the trainee must pass the minimum requirements of the above techniques.

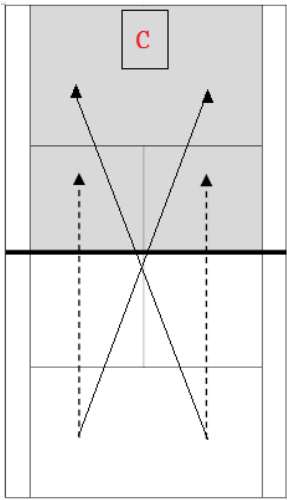
2. Content of Silver Badge Examination

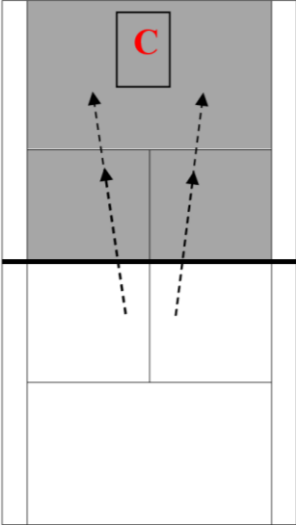
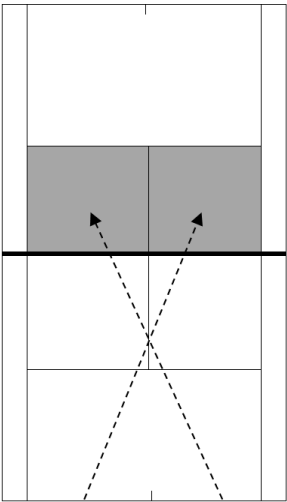
Skill	Content	Assessment items	Standard	Notes and illustrations
<p>Forehand and backhand volley</p>	<p>The trainee will stand at the backcourt and the coach will toss a ball to a suitable hit area. The trainee has to hit the ball to the designated court with forehand and backhand volleys.</p>	<p>1) 6 down the line forehand shots 2) 6 crosscourt forehand shots 3) 6 down the line backhand shots 4) 6 crosscourt backhand shots</p> <p>6 shots for each of the 4 items, totalling 24 shots.</p>	<p>At least 2 shots of each item must reach the designated court.</p>	
<p>Deep shot</p>	<p>The trainee will stand at the baseline and the coach will toss a ball to a suitable hit area. The trainee has to hit the ball to the designated court with forehand and backhand volleys.</p>	<p>1) 6 forehand shots 2) 6 backhand shots</p> <p>6 shots for each of the 2 items, totalling 12 shots.</p>	<p>At least 2 shots of each item must reach the designated court.</p>	

<p>Volley at the net</p>	<p>The trainee will stand in front of the net and the coach will toss a ball to a suitable hit area. The trainee has to volley without the ball hitting the ground and hit it back to the singles court with a forehand or backhand.</p>	<p>1) 6 forehand shots 2) 6 backhand shots</p> <p>6 shots for each of the 2 items, totalling 12 shots.</p>	<p>At least 2 shots of each item must be returned to the singles court.</p>	
<p>Serving</p>	<p>The trainee will stand at or beyond the baseline to serve diagonally to the left and right to the designated service courts with the upper hand.</p>	<p>1) 6 shots to the left 2) 6 shots to the right</p> <p>6 shots for each of the 2 items, totalling 12 shots.</p>	<p>At least 2 successful serves for each item must be made.</p>	

*To obtain the Silver Badge, the trainee must pass the minimum requirements of the above techniques.

3. Content of Bronze Badge Examination

Skill	Content	Assessment items	Standard	Notes and illustrations
<p>Forehand and backhand volley</p>	<p>The trainee will stand at the backcourt and the coach will toss a ball to a suitable hit area. The trainee has to hit the ball to the designated court with forehand and backhand.</p>	<p>1) 6 down the line forehand shots 2) 6 crosscourt forehand shots 3) 6 down the line backhand shots 4) 6 crosscourt backhand shots</p> <p>6 shots for each of the 4 items, totalling 24 shots.</p>	<p>At least 2 shots of each item must reach the designated court.</p>	

<p>Volley at the net</p>	<p>The trainee will stand in front of the net and the coach will toss a ball to a suitable hit area. The trainee has to volley without the ball hitting the ground and hit it back to the singles court with forehand and backhand.</p>	<p>1) 6 forehand shots 2) 6 backhand shots</p> <p>6 shots for each of the 2 items, totalling 12 shots.</p>	<p>At least 1 shot of each item must be returned to the singles court.</p>	
<p>Serving</p>	<p>The trainee will stand at or beyond the baseline to serve diagonally to the left and right to the designated service courts with the upper hand.</p>	<p>1) 6 shots to the left 2) 6 shots to the right</p> <p>6 shots for each of the 2 items, totalling 12 shots.</p>	<p>At least 2 successful serves, regardless of the direction, must be made.</p>	

*To obtain the Bronze Badge, the trainee must pass the minimum requirements for each of the above techniques.