## Organised by the Hong Kong China Gateball Association Co. (HKCGA) Subvented by the Leisure and Cultural Services Department (LCSD) Co-organised by the Education Bureau School Sports Programme—Gateball

## **Prospectus**

|                                                        |                                                                                                                                                                                                                                                                                                                                                   | <u>Tospectus</u>                                                                                                       |                                                                                                                                             |
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| Type of Activity                                       | Sport Demonstration                                                                                                                                                                                                                                                                                                                               | Easy Sport Programme                                                                                                   | Outreach Coaching Programme                                                                                                                 |
| Key<br>Information                                     |                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                        | Non-School Team Training                                                                                                                    |
| Target Participants                                    | Primary and secondary school students                                                                                                                                                                                                                                                                                                             | Primary school students                                                                                                | Primary and<br>Secondary school<br>students                                                                                                 |
| Outline                                                | Introduction to Gateball, demonstration of basic techniques, introduction of gateball equipment, practice of basic techniques and play-in session.                                                                                                                                                                                                | Content covers: How to grip the stick; aiming; stroking; touching; sparking; and game rules.                           | Content covers: How to grip the stick; aiming; stroking; touching; sparking; game rules, tactics and exercises on comprehensive techniques. |
| Venue                                                  | Grass field or indoor or outdoor venues with smooth surface                                                                                                                                                                                                                                                                                       |                                                                                                                        |                                                                                                                                             |
| Fee                                                    | \$870 for the first 3-hour<br>(2 sessions in total)<br>(\$204 for each extended<br>session on the same day)                                                                                                                                                                                                                                       | \$820 per course                                                                                                       | \$1,300 per course                                                                                                                          |
| Equipment to be provided by the school                 | Wireless microphones<br>and public address<br>system                                                                                                                                                                                                                                                                                              | One piece of whiteboard (3 feet by 6 feet), including 3 whiteboard markers in different colours and whiteboard eraser. |                                                                                                                                             |
| Sports Equipment                                       | Gateball equipment such as gateballs, sticks, goal-poles, etc.  (to be provided by the HKCGA)                                                                                                                                                                                                                                                     |                                                                                                                        |                                                                                                                                             |
| Duration                                               | 3 hours per course (1.5 hours per session, a minimum of 2 sessions)                                                                                                                                                                                                                                                                               | 2 lessons per course,<br>2 hours per lesson<br>(4 hours in total)                                                      | 4 lessons per course,<br>2 hours per lesson<br>(8 hours in total)                                                                           |
| Estimated No. of<br>Participants per<br>Session/Course | 50                                                                                                                                                                                                                                                                                                                                                |                                                                                                                        | 20                                                                                                                                          |
| Proposed Time of<br>Activity                           | To be scheduled by schools                                                                                                                                                                                                                                                                                                                        |                                                                                                                        |                                                                                                                                             |
| Skill Assessment                                       | Not applicable                                                                                                                                                                                                                                                                                                                                    |                                                                                                                        | Badges Award Scheme<br>(See Points to Note 3)                                                                                               |
| Enrolment Form                                         | Sport Demonstration<br>Enrolment Form<br>(P.185-186)                                                                                                                                                                                                                                                                                              | Easy Sport Programme Enrolment Form (P.200)                                                                            | Outreach Coaching Programme Enrolment Form (P.203-204)                                                                                      |
| How to Enrol                                           | Please submit the completed electronic application form within the enrolment period (please refer to "Application" (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a> . For payment arrangement, please refer to "Payment and Activity Arrangements" (P.8) of this Guide. |                                                                                                                        |                                                                                                                                             |
| Points to Note                                         | 1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the                                                                                                                                                                                                                                                           |                                                                                                                        |                                                                                                                                             |

| Type of Activity             | C (D)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Easy Sport Programme | Outreach Coaching Programme |  |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|-----------------------------|--|
| Key<br>Information           | Sport Demonstration                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                      | Non-School Team Training    |  |
|                              | activities.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                      |                             |  |
|                              | <ol> <li>Participants should wear proper sportswear and sports shoes.</li> <li>Upon completion of gateball training course under the Easy Sport Programme or Outreach Coaching Programme, an assessment will be conducted by the coach according to Gold, Silver and Bronze badges standard of gateball. Participants who meet the required standard may obtain the badges and certificates according to their achieved levels from the NSA free of charge. For details, please visit https://www.lcsd.gov.hk/tc/ssp/badges.html.</li> <li>If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$204 per Sport Demonstration; \$408 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.</li> </ol> |                      |                             |  |
|                              | de by the school on the day of the arranged. All fees paid will not es paid will be refunded.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                      |                             |  |
| Enquiry Phone<br>No./Website | 2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                      |                             |  |