## Organised by the Hong Kong Fencing Association (HKFA) Subvented by the Leisure and Cultural Services Department (LCSD) Co-organised by the Education Bureau School Sports Programme – Fencing

## **Prospectus**

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Type of			Outreach Coaching Programme						
Activity Key Information	Sport Demonstration	Easy Sport Programme	School	Non- Team T	School Team Training				
			Foil	Epee	Sabre	Foil	Epee	Sabre	
Target Participants	Primary and secondary school students	Primary school students	Primary 4 or above and secondary school students						
Outline	Introduction to fencing equipment, attire, basic skills and rules of competition, and play-in session.	The course focuses on foil training and covers weapon holding, different fencing movements, thrust, on guard, lunge and its withdrawal, parry riposte and rules of competition. Games will be used as a means of instruction according to different teaching environments.				spec profi adva tactic profi phys To in moti and t estab perse conf Each may cont train scho a ma 20 st The scho mem be su the I the b of th term	blishme onal se idence a schoo apply inuous ing for ol team ximun sudents list of ol team bers n abmitte CSD a beginni e acad	Is and , , , ame , and ining. e the etion ent of If-	
Venue	School hall or covered playground								
Fee	\$770 per session (\$490 for each extended session on the same day)	\$570 per course					\$2,580 per course		

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Activity	Sport Demonstration	Easy Sport Programme	Non- School Team Training			School Team Training					
Key Information			Foil	Epee	Sabre	Foil	Epee	Sabre			
Equipment to be provided by the school	Audio-visual equipment for video broadcasting	Schools should arrange equipment for students. Each set should contain a mask, a weapon and a fencing jacket.									
Sports Equipment	Mask, Foil & Jacket (To be provided by the NSA)	Not applicable									
Duration	1 hour per session	4 lessons per course, 1 hour per lesson (4 hours in total)	8 lessons per course, 2 hours per lesson (16 hours in total)								
Estimated No. of Participants per Session/Course	80 (10 per play-in session)	20									
Proposed Time of Activity	Monday to Friday: before 3 pm Saturday: before 1pm	Monday to Sunday (Schools in Tuen Mun, Yuen Long, Sheung Shui and outlying Islands may choose Saturday afternoons and Sundays)									
Skill Assessment	Not applicable	Badges Award Scheme (See Points to Note 4)									
Enrolment Form	Sport Demonstration Enrolment Form (P.185-186)	Easy Sport Programme Enrolment Form (P.200)	ProgrammeEnrolment FormEnrolment Form(P.203-204)								
How to Enrol	<ol> <li>Please submit the completed electronic application form within the enrolment period (please refer to "Application" (P.7) of this Guide for the dates) by email at: <u>applicationssp@lcsd.gov.hk</u>. For payment arrangement, please refer to "Payment and Activity Arrangements" (P.8) of this Guide.</li> <li>For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.</li> </ol>										
Points to Note	<ol> <li>A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</li> <li>Participants should wear proper sportswear and sports shoes.</li> <li>Fencing is available under the Sport Captain Programme. Please refer to the respective prospectus for details. (P.184)</li> <li>Upon completion of fencing training course under the Easy Sport Programme or Outreach Coaching Programme, an assessment will be conducted by the coach according to Easy</li> </ol>							ective treach			
	<ul> <li>Sport Badges Award (Fencing) – Gold, Silver and Bronze or Musketeers Award under the Outreach Coaching Programme – Gold, Silver and Bronze levels of badges. Participants who meet the required standard may obtain the badges and certificates according to their achieved levels from LCSD free of charge. Please refer to the "School Sports Programme – Handbook on Fencing Badges Award Scheme" for details.</li> <li>5. Those participants at primary 4 or above who meet the requirements for the bronze badge,</li> </ul>										
	<ul><li>schools may also enrol in training courses under the Outreach Coaching Programme for them.</li><li>6. Schools have participated in the fencing training course under the Easy Sport Programme</li></ul>										

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	<ul> <li>Foil Epee Sabre Foil Epee Sabre</li> <li>between September 2023 and December 2024 may take part in the "Easy Sport Competition – Fencing (Foil) Competition" under the School Sports Programme in 2025. Details will be announced later.</li> <li>7. Schools have participated in the fencing training course under the Outreach Coaching Programme between September 2023 and November 2024 may take part in the "Outreach Coaching Fencing (Foil) Team Competition". Details will be announced later.</li> <li>8. School joins Outreach Coaching Programme – School Team Training (Foil) for the first time may borrow equipment from the LCSD free of charge for six months. For more details, please contact the LCSD staff.</li> <li>9. If the NSA has arranged a coach for a school and the school requests before the activity an administrative fee (\$204 per Sport Demonstration; \$408 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.</li> <li>10. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</li> </ul>									
	11. If the NSA/LCSD fai	ils to arrange the activity, t	the fees	paid wil	l be refu	nded.				
Enquiry Phone No./ Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html									